

Play on Your TV

Put your phone on the TV. No app, no account, about a minute.

FIRST

Your phone and TV must be on the **same Wi-Fi**. This is the #1 reason a TV won't show up.

1



Scan it

Point your phone camera at the code and tap the link. The game opens – nothing to download.

Or type: fitness4fun.com/play-online

2

Mirror it to the TV

Same three steps on every phone. Only the button's name changes.

iPhone or iPad

Look for "Screen Mirroring"

- 1 Swipe down from the **top-right corner**.
- 2 Tap **Screen Mirroring**.
- 3 Tap your TV. Done.

Android

Look for "Cast" or "Smart View"

- 1 Swipe down from the top **twice**.
- 2 Tap **Cast** (Samsung: **SmartView**).
Swipe sideways to find it.
- 3 Tap your TV, then **Start now**. Done.

STUCK?

TV not showing up? Plug a laptop into the TV with an HDMI cable and switch to that input. No Wi-Fi, no lag, works every time.

Back up a few steps so everyone can see the timer – and turn the volume up!

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